

<b>Sunday</b> Nov-24	<b>Monday</b> Nov-25	<b>Tuesday</b> Nov-26	<b>Wednesday</b> Nov-27	<b>Thursday</b> Nov-28	<b>Friday</b> Nov-29	<b>Saturday</b> Nov-30
<b>Breakfast</b>						
Biscuits and Gravy Seasonal Fruit Choice	Cook to Order Eggs Honey Orange Corn Muffin Seasonal Fruit Choice	Red Velvet Waffles Sausage Links Seasonal Fruit Choice	Egg & Sausage Sandwich Croissant Seasonal Fruit Choice	Oatmeal w/Pecans & Raisins Yogurt Seasonal Fruit Choice	Scrambled Eggs w/ Cheese Whole Wheat Toast Seasonal Fruit Choice	Breakfast Casserole Sausage Link Whole Wheat Toast Seasonal Fruit Choice
Oatmeal	Choice of Cold Cereal	Choice of Cold Cereal	Oatmeal	Choice of Cold Cereal	Cream of Wheat	Choice of Cold Cereal
<b>Lunch</b>						
Roasted Chicken Mashed Potatoes w/Gravy Broccoli Whole Wheat Dinner Roll Lemon Crunch Pie	Macaroni & Cheese Smoked Sausage Stewed Tomatoes Tossed Salad Apple Crisp	Asian Beef Pepper Steak Egg White Noodles Oriental Vegetable Blend Mandarin Oranges Peppermint Cheesecake	Grilled Braised Pork Shoulder Baked Potato Carrots Tossed Salad Caramel-Peach Parfait	Turkey Mashed Potatoes w/gravy Green Bean Casserole Savory Stuffing Dinner Roll/Cranberry Sauce Pumpkin Pie	Pollock Almondine Rice Pilaf Peas & Carrots Tossed Salad Dessert Cart	BBQ Chicken Thighs Corn Biscuit Creamy Cole Slaw Princess Bars
	Russian Chicken Baked Potato	Chicken Pot Pie	Tuna Melt Sandwich Tomato Basil Soup		Lasagna Garlic Toast	Battered Tilapia
<b>PM Snack</b>						
Snack						
<b>Dinner</b>						
Monte Cristo Sandwich Tomato Soup Tossed Salad Cinnamon Applesauce	Hamburger French Fries Pickle Lettuce & Tomato Chocolate Pudding	Split Pea Soup Ham & Cheese Sandwich Tossed Salad Pineapple Chunks	Baked Glazed Ham Scalloped Potatoes Mixed Vegetables Blushing Pears	Deli Sandwich Cream of Broccoli Soup Red Grapes Chocolate Chip Cookie	Roast Beef & Cheese Sliders Tater Tots Dill Pickle Spear Lettuce & Tomato Cinnamon Apple Tart	Beef Tater Tot Bake Prince Charles Veggie Blend Cottage Cheese on Lettuce Leaf Chilled Peaches
Grilled Cheese Sandwich	Turkey Club	El Dorado Casserole Confetti Corn	Salisbury Steak		Chicken Caesar Sandwich	Turkey Sandwich Wisconsin Cheese Soup Lettuce & Tomato



**“Serving Older Adults With God’s Love”**

Sunday Dec-01	Monday Dec-02	Tuesday Dec-03	Wednesday Dec-04	Thursday Dec-05	Friday Dec-06	Saturday Dec-07
<b>Breakfast</b>						
Baked Oatmeal w/Walnuts Mini Bearclaws Seasonal Fruit Choice	Cook to Order Eggs Hearty Hashbrowns Whole Wheat Toast Seasonal Fruit Choice	Pancakes Bacon Seasonal Fruit Choice	Omelet Bar Whole Wheat Toast Seasonal Fruit Choice	French Toast Sausage Links Seasonal Fruit Choice	Waffles Bacon Seasonal Fruit Choice	Spinach & Cheese Strata Whole Wheat Toast Seasonal Fruit Choice
Choice of Cold Cereal	Oatmeal	Choice of Cold Cereal	Cream of Wheat	Choice of Cold Cereal	Choice of Cold Cereal	Oatmeal
<b>Lunch</b>						
Mom's Pot Roast w/ Potatoes & Carrots Whole Wheat Dinner Roll Tossed Salad Blueberry Pie	Hawaiian Pork Brown Rice Pork/Veg Egg roll Oriental Vegetable Blend Chocolate Mint Brownie	Chili with Beans Cornmeal Muffin Tossed Salad Dessert Cart	Beef Stroganoff Prince Charles Veggie Blend Tossed Salad Emerald Pears	Mushroom Chicken Mashed Potatoes w/Gravy Broccoli Pineapple Upside Down Cake	Oven Baked Fish Potato Wedges Carrots Tossed Salad Dessert Cart	Cranberry Glazed Turkey Autumn Hash Mixed Vegetables Gingerbread
	Salsa Chicken Fried Confetti Corn	Tortellini & Sausage Alfredo California Vegetable Blend	Kentucky Hot Brown Sandwich	Baked Spaghetti Garlic Toast	Supreme Pizza	Honey Mustard Chicken
<b>PM Snack</b>						
Snack						
<b>Dinner</b>						
Cheese Ravioli w/Sauce Green Beans Garlic Toast Blushing Pears	Fish on a Bun w/cheese Glazed Carrots Lettuce & Tomato Creamy Cole Slaw Pineapple Chunks	Italian Sub Sandwich Lettuce/Tomato Chix Noodle Soup Pistachio Pudding	Soft Shell Beef Tacos Refried Beans Carrots Tortilla Chips Banana Bread	Patty Melt Sandwich Baked Beans Spiced Applesauce Frosted Jello w/Fruit	Ham & Rice Casserole Green Beans Garlic Toast Red Grapes	Roast Beef & Provolone Sandwich Lettuce & Tomato Minestrone Soup Chilled Peaches
Chicken Tenders Potato Wedges	Ham & Potato Au Gratin	Tuna Salad on Croissant	Chicken Breast on a Bun Lettuce & Tomato Dill Pickle	Tuscan Turkey Sandwich	BLT sandwich Tomato Soup	Grilled Cheese Sandwich



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